



## UNIVERSITY OF JOHANNESBURG

### SUPPLEMENTARY EXAM 2019

**COURSE:** SOCIAL WORK 2A **TIME:** 3 HOURS

**PAPER:** SECTION A & B **MARKS:** 100

**SECTION A:** GENERALIST PRACTICE WITH INDIVIDUALS

**SECTION B:** GENERALIST PRACTICE WITH GROUPS

**SUBJECT CODE:** SCW2AA2

**EXAMINERS:** PROF A VAN BREDA  
MS J HLUNGWANI

**THIS EXAM CONSISTS OF TWO (2) SECTIONS AND THREE (3) PAGES**

---

#### **SECTION A: GENERALIST PRACTICE WITH INDIVIDUALS**

**ANSWER ANY TWO (2) QUESTIONS FROM THE FIVE (5) OPTIONS BELOW**

##### **QUESTION 1 (CHOICE)**

Read the case study on the following page. Based on the information provided, draw and annotate the family's genogram, using the building blocks in van Breda (2011).

[25]

##### **QUESTION 2 (CHOICE)**

Posttraumatic stress disorder (PTSD) is a common reaction to trauma. Name and describe in detail the five (5) components of PTSD, according to the DSM5.

[25]

##### **QUESTION 3 (CHOICE)**

Cognitive-behavioural therapy (CBT) is a combination of behaviourism and cognitivism. Each of these has its own ABC. Name and describe both ABCs in detail.

[25]

##### **QUESTION 4 (CHOICE)**

Task-Centred Social Work comprises five main steps, the fourth of which is to plan external tasks. The procedure for this fourth step is called *Task Planning and Implementation Sequence* and comprises five sub-steps. Name and describe in detail each of these five (5) sub-steps.

[25]

##### **QUESTION 5 (CHOICE)**

Countertransference is commonly experienced by social workers during counselling. Name and describe the three (3) main definitions of countertransference, discuss the sources of countertransference, and describe and illustrate with an example Gelso and Hayes' (1998) five-stage model of countertransference.

[25]

### CASE STUDY FOR THE GENOGRAM IN QUESTION 1.

Simangele is a 10-year-old girl who presents with aggressive bullying behaviour at school. She lives with her mother, Thembile who is 30 years old and her father, Bonginkosi who is 62. During the assessment interview you notice a lot of tension and sarcastic comments between Thembi and Bonginkosi. Simangele has an older brother, Sibusiso, who is 12. He seems to be the favoured child of her parents. In addition, she has a younger brother who is 1 years old, named Siyanda. Siyanda has severe health problems, requiring frequent hospitalisation. It seems he is taking up a lot of his parents' time and attention.

Thembile's mother, Nomasonto, who is 60, is living with the family. While taking the family history, you learn that Bonginkosi was previously married to Thabisile, who is 54 years old. They had a daughter who died in 2004. Thabisile is now in a relationship with another woman. Towards the end of the interview, Thembile informs you that she is pregnant.

### SECTION B: GENERALIST PRACTICE WITH GROUPS

**Answer any Two (2) out of the Three (3) Questions below**

#### QUESTION 1 (CHOICE)

Toseland and Rivas (2014, p. 98) state that "the goal of effective leadership is twofold: 1) to help the group and its members to achieve goals that are consistent with the value base of social work practice and 2) to meet the socioemotional needs of members.

Expand on the statement made by Toseland and Rivas by explaining:

- How does the type of leadership affect group **interaction and communication**?
- How can a leader contribute to the **empowerment** of group members? **(25)**

#### QUESTION 2 (CHOICE)

It is important to help groups develop dynamics that promote both the achievement of task goals and the socioemotional needs of members.

Discuss the four **dimensions of group dynamics** that helps social workers understand what is happening in groups, both in theory and practice. **(25)**

**QUESTION 3 (CHOICE)**

A group of social workers working at Johannesburg Child and Family Welfare are concerned about the high teenage pregnancy rate at Alexandra township. The Social Work Manager suggests that clients from their caseloads participate in a support group.

Based on this case study answer the following questions:

- 1) Discuss the purpose of support groups. (5)
- 2) Write down a statement of purpose and two objectives for this proposed group. (5)
- 3) Discuss contextual aspects that would be important to take into consideration when assessing members participating in this group. (15)

**(25)**

**[50]**