



UNIVERSITY OF JOHANNESBURG

SPECIAL EXAM 2018

COURSE: SOCIAL WORK 2A TIME: 3 HOURS
PAPER: SECTION A & B MARKS: 100

SECTION A: GENERALIST PRACTICE WITH INDIVIDUALS
SECTION B: GENERALIST PRACTICE WITH GROUPS

SUBJECT CODE: MAW2A2 / SCW 2AA2

EXAMINERS: PROF A VAN BREDA
PROF T RANIGA

THIS EXAM CONSISTS OF TWO (2) SECTIONS AND TWO (2) PAGES.

SECTION A: GENERALIST PRACTICE WITH INDIVIDUALS

ANSWER ANY TWO (2) QUESTIONS FROM THE FIVE (5) OPTIONS BELOW

QUESTION 1 (CHOICE)

Between engagement and planning in the Planned Change Process is the step of assessment. According to van Breda (2011), there is a five-step procedure we should follow to do solid assessments. Name and describe in detail each of the five (5) steps. [25]

QUESTION 2 (CHOICE)

Name and define the five (5) pillars of the developmental social welfare approach. Name and describe in the detail the four (4) developmental social work themes that are important to developmental social case work, as discussed by van Breda (2013). [25]

QUESTION 3 (CHOICE)

Briere and Scott (2006) present five principles or practice approaches for effective work with trauma. Excluding the principle of cognitive restructuring, name and describe the other four (4) principles in detail. [25]

QUESTION 4 (CHOICE)

In class, we covered seven techniques that can be used in cognitive-behavioural therapy (CBT) implementation. Name and discuss in detail five (5) of these. [25]

QUESTION 5 (CHOICE)

During class we covered five aspects of the practical management of countertransference. Name and describe in detail each of these five (5) aspects. [25]

[50]

SECTION B: GENERALIST PRACTICE WITH GROUPS

ANSWER ANY TWO (2) QUESTIONS FROM THE THREE (3) OPTIONS BELOW

QUESTION 1

Which stage of group work best represents anxiety and seeking direction according to Toseland and Rivas? Discuss the important goals that the group leader needs to focus on that are relevant for this stage.

(25)

QUESTION 2

Addressing ambivalence and resistance is common in the beginning phase of the group.

- a.) List and discuss five techniques for dealing with ambivalence and resistance in the group? (15)
- b.) Discuss strategies that the group leader may use to increase authentic communication during the group work process? (10)

QUESTION 3

It is important that social workers strive to make groups attractive to members. Discuss the principles put forth by Toesland and Rivas (2014) that are helpful to enhance group's cohesiveness.

(25)

[50]