

FACULTY : Education

**DEPARTMENT**: Education and Curriculum Studies

CAMPUS : APK

: MOFPXA3

MODULE

: SUBJECT METHODOLOGY PHYSICAL EDUCATION

SEMESTER : First

EXAM June 2018

DATE : June 2018 SESSION

MR C.D.

ASSESSOR(S) : SWANEPOEL

MODERATOR : PROF C.J. ROUX

DURATION : 2 HOUR MARKS : 100

**NUMBER OF PAGES: 2 PAGES** 

### **INSTRUCTIONS:**

- 1. Read the questions carefully.
- 2. Answer all the questions.
- 3. Make sure that you have the complete paper.

## **QUESTION 1**

In your teaching practice you will need to incorporate a holistic teaching approach for proper development of your learners. To do this, there are TWO major types of outcomes identified, name and describe both these outcomes. [20]

## **QUESTION 2**

As a physical education teacher you will need to use different methods of teaching, known as the "Heuristic Teaching - Learning Model". Name, describe and give an example of this Heuristic Teaching - Learning Model as seen in Fig. 1 [10]

Fig. 1.

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# **QUESTION 3**

To manage large classes, a grid system will support you during your physical education lessons. Name and describe the three different types of grid systems. [15]

## **QUESTION 4**

Physical Education should always address the holistic way of development and this is mostly achieved through movement. Name the major benefits of movement? [6]

# **QUESTION 5**

By following the curriculum design there are six phases/steps to establish while planning and preparing for your lessons as a Physical Education teacher. Name and shortly describe each of these phases/steps?

[24]

### **QUESTION 6**

You are a teacher at Johannesburg High School. You have a Physical education grade 10 class of 26 boys and 22 girls. The period is 45 minutes long. Design a quality lesson plan on any indigenous game by addressing ALL 7 main aspects of a lesson to ensure you reach your outcomes. [25]

**TOTAL: 100**