

FACULTY: Health Sciences

DEPARTMENT: Nursing

CAMPUS : DFC

MODULE : FVK2A10

Fundamental Nursing Science 2A

SEMESTER : First

EXAM : May 2018

DATE : 30 May 2018 **SESSION** : 08:30-10:30

ASSESSOR(S) : Dr G Ndawo

MODERATOR : Mr S Matlala

DURATION : 2 HOURS MARKS : 80

NUMBER OF PAGES: THIS PAPER CONSISTS OF TWO (2) PAGES

INSTRUCTIONS:

1. Answer ALL THE QUESTIONS.

2. Number your answers clearly

FSAO: FVK2A10

FUNDAMENTAL NURSING SCIENCE 2A

MODULE 1: BASIC HEALTH NEEDS - PART 1 MODULE 2: BASIC HEALTH NEEDS - PART 2

QUESTION 1

"A fundamental concern of nurses which extends from bedside to the home to the community is" safety (Berman, Snyder & Frandsen, 2016:666).

1.1 Design a protocol on the prevention of Listeriosis for your ward.

(20x1)=*[20]

QUESTION 2

- 2.1 Describe the nursing care you would implement for an immobile patient with regard to the following systems and give rationale. Please tabulate your answer.
 - Musculoskeletal system (5)
 - Cardiovascular system (5)
 - Respiratory system (5)
 - Metabolic system (4)

 $(40x\frac{1}{2})=*[20]$

QUESTION 3

Mrs Z is a 74-year old patient in your ward that is admitted with a diagnosis of malnutrition. Her typical diet consists of:

- Breakfast: 6 slices of whole-wheat bread with butter
- Snack: a chocolate bar
- Lunch: 400g steak; 4 slices of whole-wheat bread; 2 eggs and cheese
- Snack: 2 muffins
- Supper: ½ chicken; chips; small salad; and one bowl of ice cream
- 3.1 Draw a food pyramid and using the pyramid interpret Mrs Z's typical daily nutritional intake. $(40x\frac{1}{2})=*[20]$

QUESTION 4

4.1 Describe the nursing intervention and guidelines to be followed should a patient develops a reaction during or after blood transfusion. Motivate your answer. $(40x\frac{1}{2})=*[20]$