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NOVEMBER EXAMINATION

PROGRAMME: Human Movement Studies

MODULE NAME: Physical Education

MODULE CODE: HMSEB01

DATE: 16 NOVEMBER 2017

DURATION: 2 HOURS

TOTAL MARKS: 80

EXAMINER: DR. H. MORRIS-EYTON

MODERATOR: PROF C. ROUX

INSTRUCTIONS TO CANDIDATES:

ANSWER ALL THE QUESTIONS.

QUESTION 1

Complete the following table illustrating the advantages and disadvantages of hosting a single elimination tournament. (10)

Advantages	Disadvantages

QUESTION 2

Match column A with the correct answer in column C. Write your numeric answer in column B. (10)

A	B	C
A. A running game originating in India		1. teams of 9 players each
B. In Dibeke the attacking team scores when...		2. Tug of war
C. Kho Kho		3. Kho Kho2
D. Dibheke		4. 2 teams of 12 players each
E. Each player has 12 tokens		5. A co-ordination game also known as
F. Team consists of 2 players, each with 2 skeets		6. Dibheke
G. Diketo		7. Morabaraba jacks
H. A running ball game		8. Jukskei
I. Contest of physical strength		9. Tug of war
J. Teams consist of 8 pulling members		10. an attacker reaches the opposite attacking box safely

QUESTION 3

A bye is included in an elimination format with an odd number of teams T/F (1)

QUESTION 4

In a 7 team round robin tournament there will be 7 rounds played to determine the winner T/F (1)

QUESTION 5

In a single elimination format you play three games to get into the next round T/F (1)

QUESTION 6

List and explain the 6 stages of the experiential learning cycle. (12)

QUESTION 7

There are several ways to introduce an adventure initiative in your outdoor education classes. The method you select should be based on the outcomes of the activity. Discuss 4 methods you could use and give an example of an activity for each method. (12)

QUESTION 8

Explain the values of organising a school sports tournament? (15)

QUESTION 9

List 8 character qualities that could be introduced through various outdoor education activities. (8)

QUESTION 10

You are setting up a school sports festival. List 5 specialist committees you would set up to assist you. Give a brief description as to what these committees would do. (10)
