

**FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING SCIENCE**



PROGRAMME : ADVANCED MIDWIFERY AND NEONATAL NURSING

SUBJECT : NURSING SKILLS DURING THE POSTPARTUM PERIOD AND
NEONATAL NURSING

CODE : VNV2057/NMC9XO5

DATE : SUPPLEMENTARY EXAMINATION JANUARY 2018

DURATION : 3 HOURS

WEIGHT : 40:60

TOTAL MARKS : 100

EXAMINERS : 1. PROF AGW NOLTE
2. MRS I DU PLESSIS

MODERATOR : DR M YAZBEK (UP)

NUMBER OF PAGES : THIS PAPER CONSISTS OF THREE (3) PAGES

INSTRUCTIONS: ANSWER ALL QUESTIONS.
PLEASE MARK YOUR QUESTIONS CLEARLY. WRITE LEGIBLY

INSTRUCTIONS TO CANDIDATES: This examination paper remains the property of the University of Johannesburg and may not be removed from the examination room.

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QUESTION 1

Describe the management of the following conditions:

- 1.1 "I do not have enough milk". (10)
 - 1.2 Sore nipples during breastfeeding. (5)
 - 1.3 Engorged breasts during breastfeeding. (5)
- *[20]**

QUESTION 2

Describe in detail the information that you will give the mother regarding:

- 2.1 Postpartum depression. (10)
 - 2.2 The normal physiological changes during the puerperium. (10)
- *[20]**

NEONATOLOGY

QUESTION 3

You are a newly qualified Advanced Midwife and recently been employed as the Unit Manager of the maternity ward. You established that the current staff do not have an understanding of the concept 'Emergency Care of the Newborn Infant'. You discovered during your studies at the University of Johannesburg, that 'Emergency Care' comprises of three concepts:

- 1. Preparation
- 2. Routine Care
- 3. Golden Minute

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- 3.1 Discuss 'preparing' for an emergency situation at every birth. (30x½)=(15)
- 3.2 Develop a ward protocol to instruct the nursing staff in your maternity ward to implement 'Routine Care' and the principles of the 'Golden Minute' in 'Emergency Care of the Newborn Infant'. (60x½)=(30)
- *[45]**

QUESTION 4

- 4.1 Explain the steps of a systematic physical assessment of a newborn infant in order to prevent negligent care and make a diagnosis. (30x½)=*[15]

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