

**FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING SCIENCE**



PROGRAMME : MASTERS OF NURSING SCIENCE IN PSYCHIATRIC MENTAL
HEALTH NURSING

SUBJECT : MODULE 3: ASSESSMENT, DIAGNOSIS AND CRITICAL
EVALUATION OF TREATMENT OF MENTALLY ILL PATIENTS
(NPS9x05) (**PAPER 2**)

CODE : M9N17Q

DATE : SUPPLEMENTARY EXAMINATION JANUARY 2018

DURATION : 3 HOURS

WEIGHT : 50:50

TOTAL MARKS : 100 MARKS

EXAMINERS : 1. PROF M POGGENPOEL
2. PROF CPH MYBURGH

MODERATOR` : PROF E DU PLESSIS (NWU)

NUMBER OF PAGES : THIS PAPER CONSISTS OF THREE (3) PAGES

INSTRUCTIONS TO CANDIDATES: THIS IS AN OPEN BOOK EXAMINATION
PLEASE ANSWER ALL THE QUESTIONS.

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JOHANNESBURG AND MAY NOT BE REMOVED FROM THE EXAMINATION ROOM.

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QUESTION 1

SCENARIO:

Zinhle is a twenty-five-year old university student who began to change quite suddenly. She had been an almost perfect child. She achieved excellent grades all the way through secondary school and her parents never worried that she would get into trouble. When her parents visited Zinhle at university she had completely changed. Her room was a mess. She was wearing dirty, sloppy clothes and needed a bath. When her parents asked her what was wrong, she denied that there was a problem and became angry and refused to talk to them anymore. When her parents followed up with the university counsellor, they told them that Zinhle was about to drop out. She had not been attending classes and other students had been reporting that she was “living in her own world”, speaking to herself and seems to be listening to non-existent people. She has also been isolating herself from other people and seems to be distrustful and suspicious.

Answer the following questions based on the above-mentioned scenario

QUESTION 1

- 1.1 Formulate a comprehensive DSM V diagnosis for Zinhle. ***[10]**

QUESTION 2

- 2.1 Complete a nursing care plan for Zinhle with reference to the following:
- 2.1.1 Nursing diagnosis with a database. (12)
 - 2.1.2 Goals and objectives. (10)
 - 2.1.3 Nursing interventions (Including a rationale for every intervention). (40)

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2.1.4 Discuss how you will evaluate Zinhle's status and behaviour in response to the nursing interventions

(8)

***[70]**

QUESTION 3

3.1 Describe the psycho-education that you will give to Zinhle and her family.

***[20]**

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