INSTRUCTIONS TO CANDIDATES:

PLEASE ANSWER ALL THE QUESTIONS.

Question 1

Describe the zone theory and provide a drawing that will further illustrate the theory.

(10)

[10]

Question 2

2.1 In terms of Chinese face diagnostics draw on the blank face where and what you would find indicating imbalances/changes in the following: (100% accuracy is required to be awarded full marks).

a)Liver. (2)
b)Spleen (1)
c) Kidneys (1)
d) Lung (1)
e) Stomach (1)
f) Ovaries/Testes (1)
g) Small and Large Intestine (1)
h) Degeneration of sexual organs in menopausal men and women (1)
i) Degeneration of sexual organs (1)
j) Pancreas (1)
k) Heart-congenital heart condition and heart condition which has developed in this life. (2)

[13]

Question 3

Identify the main and helper reflexes you would work for the following conditions. Provide the reasons to substantiate your answer.
a) Bronchitis (5)
b) Diabetes (6)

[11]

Question 4

4.1 Advise a tissue salt and dosage for the following conditions/ailments: (6)
a) An adult that is suffering from water retention.
b) A baby that is having problems with teething.
c) A female athlete that complains about leg cramps.
d) A child that has a runny nose.
e) A patient suffering from bladder infections (state 2 that you would advise).

[6]

Question 5

5.1 Explain the consequences of the following foot biomechanics:
5.1.1 The right leg is turned out more than 60 degrees   (2)
5.1.2 The right and left foot are turned at 60 degrees   (2)
5.1.3 Both feet are turned out more than 60 degrees   (1)

5.2 Provide definitions for the following bio mechanical terms: (5)
5.2.1 Genu Valgum
5.2.2 Supination
5.2.3 Verruca
5.2.4 Pes Cavus
5.2.5 Scoliosis

5.3 As a Reflexologist it is important to know the structure of
a) The foot   (7)
b) The wrist and hand   (7)
List the name (1/2 mark) and number (1/2 mark) of bones in each of the above.

[24]

Question 6

Provide a definition/description of the following medical interventions. Also include the following where applicable: purpose of intervention, how they show up on the feet, reflexes to work, and any precautions.

6.1.1 Gastroscopy   (2)
6.1.2 Angioplasty   (3)
6.1.3 Port for chemotherapy   (2)
6.1.4 Kidney transplant   (2)

6.1.5 Lumpectomy (2)

[11]

Question 7

65 Year old : Male.   Rectal Cancer

Case History Background Information :

1.   Patient had been passing blood and ignored it, but eventually went to the General Surgeon for an examination and eventual blood tests, scopes and rectal snip as the tests for this condition.   He had Surgery to remove the cancerous parts of the rectum.

2.   He was referred to a leading Oncologist who administered Chemotherapy for 6 months, at which time the Oncologist informed the patient the chemotherapy had not worked and to go home and get ready to die.

3.   At that stage the family phone you to ask you to take the patient on (at his request).

(a)   Describe what you said to the patient about what Reflexology can do for Cancer patients in your first treatment. (5)

(b)   State the information on the consultation card that you would record and explain why these are necessary. (7)

(c)   Explain how you handle referring the patient to another Oncologist and give your reasons why. (5)

(d)   In accordance with the results you need to achieve for this patient, discuss your Strategic Thinking, listing all the reflexes you will need to work on this patient and give reasons for your choice/decision. Remember that you should state all reflexes on all the areas that you perform your Reflexology. (20)

(e)   Describe your Treatment Plan for the ongoing treatment of this patient. (3)

(f)   Briefly state the important food categories this patient must stop eating and why.   (5)

(g)   Identify the Vitamins and other Supplements this patient should take and motivate.   (5)

[50]