

**PROGRAM** : NATIONAL DIPLOMA  
*SOMATOLOGY*

**SUBJECT** : **FACIAL THERAPY II THEORY**

**CODE** : **STE 211A**

**DATE** : FINAL THEORY EXAMINATION  
NOVEMBER 2016

**DURATION** : 3 HOURS

**WEIGHT** : 50: 50

**TOTAL MARKS** : SECTION A – 135  
SECTION B – 40  
TOTAL: 175

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**EXAMINER** : MRS D CAMPBELL  
MS S JOOWALAY

**MODERATOR** : MRS N MATENJWA  
MS M GONSALVES

**NUMBER OF PAGES** : 4 PAGES

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**INSTRUCTIONS** : ANSWER QUESTIONS CAREFULLY AFTER READING  
THROUGH THE WHOLE PAPER BEFORE COMMENCING.  
WRITE SECTION A AND B IN SEPARATE BOOKLETS.

**REQUIREMENTS** : 3 EXAMINATION SCRIPTS PER CANDIDATE

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## **SECTION A – FACIAL II. PLEASE ANSWER IN A SEPRATE BOOKLET.**

### **QUESTION 1**

Roxanne's mother is a client in your clinic. She mentions to you that Roxanne's skin has become extremely oily and that she is worried about the possibility of acne. She brings her daughter in for a consultation and you note the following:

- She is 14 years old and began menstruating a year ago
- Her skin **is excessively oily with congestion including comedones and blocked pores on her T-panel**
- There is **severe dehydration** on the outer contours
- Even though she is excessively oily, her skin is flaky
- She has **sensitivity** on her cheeks.

Roxanne uses Clearasil face wash with and toner and does not use moisturiser because she feels it makes her too oily. She uses a benzoil peroxide cream instead because she saw on TV that this cream will prevent breakouts and she is afraid of getting acne.

Roxanne's mother gives you free reign to set up a treatment programme and there are no budgetary constraints. Roxanne can come in on Tuesdays, Thursdays and Saturday.

You have the following available: full range of professional products, a full selection of galvanic gels, a galvanic unit, a microdermabrasion, an anessonic unit and a pure ultrasound unit.

1.1. Identify and motivate the possible causes of Roxanne's skin concerns.

**(3 issues @ 4 marks each) 12**

1.2. Design a 4 week programme for Roxanne where you will be able to address all her concerns by the end of that time. **(ideally 3 machines will be used) 12**

1.3. Provide a detailed rationale for your choices of equipment. **(3 machines @ 6 marks each) 18**

**[42]**

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### **QUESTION 2**

Elaine is a 55 year old client who is going to have a facial cosmetic surgery in 4 weeks' time. She wants her skin to be in tip top shape prior to the procedure to ensure the most positive results. Elaine can come in 3 days per week and she is not working the week prior to the surgery and is available should you need her. She has no budgetary constraints.

You have the following available: full range of professional products, ultrasound, Photizo™, microdermabrasion and micro current.

- 2.1. Provide advice on choosing a cosmetic surgeon. **5**
- 2.2. Develop the most appropriate 4 week treatment programme to ensure Elaine's skin is well prepared for her surgery. **(ideally 3 machines will be used)** **12**
- 2.3. Provide a detailed rationale for your choices of equipment. **(3 machines @ 6 marks each)** **18**
- [35]**
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### **QUESTION 3**

Anna is a 45 year old sun lover. She will be celebrating her 25<sup>th</sup> wedding anniversary in 6 weeks' time and wants to look her best for the occasion. Anna has started noticing that she looks much older than many of her friends do and this has become a concern.

Anna can come in for treatments 3 days per week. She has no budgetary constraints.

You have the following available: a full range of professional products, Anessonic ultrasound, pure ultrasound, needle-free mesotherapy and a Hydradermie.

- 3.1. Explain to Anna how UV exposure causes ageing of the skin. **10**
- 3.2. Develop a treatment programme for Anna to ensure she looks refreshed and radiant for her function. **(ideally 3 machines will be used)** **15**
- 3.3. Provide a detailed rationale for your choices of equipment.  
**(3 machines @ 6 marks each)** **18**
- [53]**
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### **QUESTION 4**

Explain how the needle-free mesotherapy unit you learnt to use this year is a valuable and multi-purpose machine to use in a skincare clinic. Do not discuss the modes specifically though.

**15**  
**[15]**

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**SECTION B – REFLEX. PLEASE WRITE IN A SEPARATE BOOKLET.**

**QUESTION 1:**

- 1.1. Define the term "Reflexology". (4x½=2)  
1.2. Provide five (5) benefits of Reflexology (5)  
1.3. Discuss the term zone theory. (10x½=5)  
[12]
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**QUESTION 2:**

- 2.1. List and elaborate on the guidelines of the foot. (8)  
2.2 Provide three (3) immediate responses and three (3) delayed responses to Reflexology. (6)  
[14]
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**QUESTION 3:**

Case Study:

Your client (aged 30) booked a Reflexology treatment with you. After completion of the record card you noted that she suffers from a skin condition called psoriasis. Provide the mains and helpers as well as reasons for each that you will focus on during the Reflexology treatment. (14)

[14]

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TOTAL SECTION B: [40]

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