



**FACULTY OF HUMANITIES**  
**DEPARTMENT OF SOCIAL WORK**

<b>MODULE:</b>	<b>SCW2AA2</b> <b>[MAW2A11]</b> <b>Generalist Social Work Practice – Individuals</b> <b>Generalist Social Work Practice – Groups</b>
<b>CAMPUS:</b>	<b>APK</b>
<b>EXAM:</b>	<b>May   June 2016</b>

**DATE:** 26 May 2016

**SESSION:** 12:30 – 15:30

**ASSESSOR:**

**Prof A van Breda (UJ)**  
**Mr M Sobantu (UJ)**

**INTERNAL MODERATOR:**

**DURATION:** 3 Hours

**MARKS:** 100

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**PAGES INCLUDING COVER:** 3

**Please read the following instructions carefully:**

1. The paper has TWO Sections
2. Answer each Section in SEPARATE Examination book
3. Number your sections and answers carefully and neatly

**SECTION A**  
**GENERALIST PRACTICE WITH INDIVIDUALS**  
**PROF A VAN BREDA**

**ANSWER ANY TWO QUESTIONS FROM THE FOUR OPTIONS BELOW**

**QUESTION 1 (Choice)**

Between engagement and planning in the Planned Change Process is the step of assessment. According to van Breda (2011), there is a five-step procedure we should follow to do solid assessments. Name and describe in detail each of the five (5) steps.

**[25]**

**QUESTION 2 (Choice)**

In class, we covered seven techniques that can be used in cognitive-behavioural therapy (CBT) implementation. Name and discuss in detail five (5) of these.

**[25]**

**QUESTION 3 (Choice)**

Van Breda (2013) described developmental social case work according to the Planned Change Process. Describe in detail the developmental social case work approach to the first four (4) stages of the planned change process.

**[25]**

**QUESTION 4 (Choice)**

Posttraumatic stress disorder (PTSD) is a common reaction to trauma. Name and describe in detail the five (5) components of PTSD, according to the DSM5.

**[25]**

**QUESTION 5 (Choice)**

During class we covered five aspects of the practical management of countertransference. Name and describe in detail each of these five (5) aspects.

**[25]**

**SUB-TOTAL [50]**

**SECTION B**  
**GENERALIST PRACTICE WITH GROUPS**  
**MR M SOBANTU**

ANSWER ANY TWO QUESTIONS FROM THE THREE OPTIONS BELOW

**QUESTION 6 (Choice)**

Group development goes through various phases. Highlight and discuss the leadership styles and power dynamics associated with the first stage of group development.

[25]

**QUESTION 7 (Choice)**

There are four group work dynamics identified by Toseland and Rivas:

1. Identify and discuss Leader and Group centered communications
2. Identifying which stages of group development Leader and Group Centered communications will occur. Substantiate your answer.

(10)

(15)

[25]

**QUESTION 8 (Choice)**

Identify and discuss the phase that best represents mutuality and work according to Toseland and Rivas. Also identify the Planned Change Processes that would be appropriate for this phase.

[25]

**SUB-TOTAL [50]**

**TOTAL [100]**