



## **SUPPLEMENTARY EXAMINATION**

**PROGRAMME** : BEd  
**SUBJECT** : Physical Education  
**CODE** : CNEINA2  
**DATE** : JULY 2016  
**DURATION** : 90 MINUTES  
**TOTAL MARKS** : 70

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**QUESTION 1****(10)**

Explain how a person process new information when learning a new skill. Support your answer with a good practical example.

**QUESTION 2****(10)**

Match the following terms with the correct definitions.

TERM	DEFINTION
Growth	a. Includes cognitive; emotional; social; motor; locomotor development
Development	b. The study of acquiring skilled movement as a result of practice
Motor learning	c. Anatomical and physiological changes during growth, determined genetically, dependent on the environment
Sport skills	d. changes that take place as a result of growth – determined genetically
Maturation	e. Combination of fundamental movement patterns in the execution of sport specific activities

**QUESTION 3****(10)**

What are the most important teaching skills when teaching new movements to beginners?

**QUESTION 4****(10)**

Name the entry level variables regarding the learners that should be taken into account when planning your physical education programme.

**QUESTION 5****(30)**

You are currently teaching athletics to the Grade 5 class. You have 20 boys and 20 girls. The lesson is 30 minutes long. Explain your lesson design to teach them **ANY GAME OF YOUR CHOICE**.