



EXAMINATION

PROGRAMME : BEd
SUBJECT : Physical Education
CODE : CNEINA2
DATE : 31 May 2016
DURATION : 90 MINUTES
TOTAL MARKS : 70

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QUESTION 1**(10)**

Explain briefly what is meant by the definition of physical education?

QUESTION 2**(10)**

For a holistic teaching and learning approach, specific outcomes should be written for all four learning domains. List the domains from column A with the correct description in column B.

COLUMN A (Domain)	COLUMN B (description)
1. Cognitive	A. Personal self; self-esteem; worthiness; being part of
2. Social	B. Fitness (intensity and duration) participation; retention (muscle); life-long participation
3. Psychomotor	C. Cooperative interaction; cross cultural interaction; tolerance; respect
4. Affective	D. Learning new skills; applying them
5. Physical	E. Understanding the movement; positional play; strategy; rule application; retention

QUESTION 3**(10)**

What are the most important teaching skills when teaching new movements to beginners?

QUESTION 4**(10)**

Discuss the general aspects that should be considered when teaching physical education.

QUESTION 5**(30)**

You are currently teaching athletics to the Grade 6 class. You have 20 boys and 20 girls. The lesson is 30 minutes long. Explain your lesson design to teach them **REACTION TIME** as part of the start in sprinting.