



**UNIVERSITY OF JOHANNESBURG**  
**FACULTY OF EDUCATION**  
**JUNE EXAMINATION 2016**

**PROGRAMME:** B.ED  
**MODULE:** SUBJECT METHODOLOGY PHYSICAL EDUCATION  
**CODE:** MOFPXA3  
**TIME:** 2 hours  
**MARKS:** 70  
**EXAMINER:** PROF CJ ROUX  
**MODERATOR:** Ms. H MORRIS-EYTON

(This paper consists of 2 page)

**INSTRUCTIONS**

Read the following instructions carefully before answering the questions.

**ANSWER ALL THE QUESTIONS**

**QUESTION 1**

**(30)**

Construct a lesson plan to teach **an indigenous game of your own choice**. Identify your own context (age; gender; facilities; duration; inclusion; differentiation; etc).

- 1.1. Complete all three stages of the lesson plan.
- 1.2. Reflect on this plan in terms of:
  - 1.2.1. the importance of the three main stages within the lesson.
  - 1.2.2. how you will address the different domains for development throughout the various stages.
  - 1.2.3. the importance of a ground plan for a teacher in training.
  - 1.2.4. the importance of maximal participation.
  - 1.2.5. the need for homework.

**QUESTION 2**

**(10)**

For a holistic teaching and learning approach, specific outcomes should be written for all four learning domains. List the domains from column A with the correct description in column B.

<b>COLUMN A (Domain)</b>	<b>COLUMN B (description)</b>
1. Cognitive	A. Personal self; self-esteem; worthiness; being part of
2. Social	B. Fitness (intensity and duration) participation; retention (muscle); life-long participation
3. Psychomotor	C. Cooperative interaction; cross cultural interaction; tolerance; respect
4. Affective	D. Learning new skills; applying them
5. Physical	E. Understanding the movement; positional play; strategy; rule application; retention

**QUESTION 3****(14)**

Discuss the benefits of physical education that you will refer to when addressing the audience at a parent meeting.

**QUESTION 4****(16)**

Explain the three stages of the Functional Learning Model of Fitts and Postner (1967) in detail.

**TOTAL: 70**