

SUPPLEMENTARY EXAMINATION DECEMBER 2014**SUBJECT: NURSING SKILLS DURING THE POSTPARTUM PERIOD AND NEONATAL NURSING (VNV2057)**

**FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING SCIENCE**

PROGRAMME : DIPLOMA IN ADVANCED MIDWIFERY AND NEONATAL NURSING

SUBJECT : NURSING SKILLS DURING THE POSTPARTUM PERIOD AND NEONATAL NURSING

CODE : VNV2057 / VNV2058

DATE : SUPPLEMENTARY EXAMINATION DECEMBER 2014

DURATION : 3 HOURS

WEIGHT : 40:60

TOTAL MARKS : 100

EXAMINERS : 1. PROF AGW NOLTE
2. MRS I PRETORIUS

MODERATOR : DR M YASBEK (UP)

NUMBER OF PAGES : THIS PAPER CONSISTS OF THREE (3) PAGES

INSTRUCTIONS : NO SPECIAL REQUESTS

REQUIREMENTS : NONE

INSTRUCTIONS TO CANDIDATES:

ANSWER ALL QUESTIONS.

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QUESTION 1

Describe in detail how you can manage the following conditions:

1.1 Complaints about breastfeeding are common. The one that you hear most often is that "I do not have enough milk". (10)

1.2 Sore nipples during breastfeeding. (5)

1.3 Engorged breasts during breastfeeding. (5)

[20]

QUESTION 2

Describe in detail the information that you will give the mother regarding:

2.1 Postpartum depression. (10)

2.2 The normal physiological changes during the puerperium. (10)

***(20)**

QUESTION 3

Ayanda Thumbar Hospital is known to have a high mortality and morbidity rate of newborn infants: The midwives are aware that the Ayanda Ext. community uses traditional medicine to induce labour. Women arrive at the hospital in advanced labour, many of them giving birth to infants with meconium aspiration.

You recently completed your Advanced Midwifery diploma, and realized the only way you can impact the cultural practice, is to be prepared for every birth. Please discuss the principles of the 'Golden Minute', specifically with the management of the infant with

meconium aspiration.

(20)

QUESTION 4

UNICEF's 'Improving Newborn Care in South Africa' report, 2011, states that the LINC (Limpopo Initiative for Newborn Care) Initiative has laid the foundation for a fully functional neonatal service. There is enough evidence that indicate improved outcome of the neonate (2004-2010) with the implementation of certain nursing actions.

In this report, the following components were linked with the LINC Newborn Care Accreditation to Excellent Care:

- Baby Friendly Hospital
- Adequate Staff
- Trained Staff
- Support Services
- Optimal Kangaroo Mother Care
- Clinical Audit
- Principles to reduce Mortality
- Good Facilities
- Essential Equipment
- Appropriate Facilities
- Readiness to resuscitate a Newborn Infant

4.1 As an advanced trained Midwife & Unit Manager of Labour ward, please discuss these LINC components, in order to improve your Gauteng based private hospital's preterm infant's care.

(20)

4.2 Design a protocol for implementation of Phototherapy in Developmental Supportive Care principles in your hospital.

(10)

4.3 Explain how you will train all your Registered Nurses to Resuscitate the Newborn optimally

(10)

[40]