



PROGRAMME : NATIONAL DIPLOMA
SOMATOLOGY

MODULE : FACIAL THERAPY I

CODE : STEA 113

DATE : 05 NOVEMBER 2014
EXAMINATION

DURATION : 12:30 – 15:30

WEIGHT : 50:50

TOTAL MARKS : 165

EXAMINER : MS. S. SEYAMA

MODERATOR : MS. F. DENATH

NUMBER OF PAGES : 3

INSTRUCTIONS : ANSWER ALL QUESTIONS

REQUIREMENTS : NONE

QUESTION 1

- 1.1 Evaluate the need for a somatologist to maintain a professional image and conduct. (3)
- 1.2 Identify the contraindications for a facial treatment. (4)
- 1.3 Identify and describe the qualities for team work. (5)
- 1.4 Identify factors that can hamper/hinder the success of a facial treatment. (4)
- 1.5 Identify important aspects of improving learning and performance. (4)

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QUESTION 2

- 2.1 Discuss the ways in which the skin protects itself against infections. (6)
- 2.2 Identify and explain the role of various fibres within the dermis. (3)
- 2.3 Identify the distinguishing features of white skins that make it vulnerable to premature ageing. (5)
- 2.4 How the skin is able to retain its moisture? (1)

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QUESTION 3

CASE STUDY

Ms. Nompi Davids is a 20-year-old senior student at the university and is concerned about her skin showing signs of severe oiliness and problem condition. She is not happy as she feels uncomfortable with the appearance of her skin. She would like your assistance in improving her skin.

- 3.1 Discuss internal and external factors that could have caused or contributed to an oily-problem skin. (4)
- 3.2 How would you know if Nompi's skin is also presenting with sensitivity. (3)
- 3.3 If Nompi's skin was a mature ageing skin, how would you have identified it and what would be the objectives of treatment. (5)
- 3.4 Identify factors that could cause or worsen a sensitive skin condition. (4)
- 3.5 Use a table to show a detailed clinic treatment sequence that you will provide Ms. Nompi. (45)

3.6 Advice Ms. Nompoti with relevant nutritional and lifestyle adjustments that will assist to improve her skin both internally and externally. (5)

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QUESTION 4

4.1 Identify the appropriate measures for the disposal of waste. (4)

4.2 Describe the term infection. (5)

4.3 Identify ways that spread germs. (4)

4.4 Identify measures you can apply to ensure proper heating and ventilation and give two reasons why this is important. (4)

4.5 Explain hygienic processes during the extractions of the face. (2)

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QUESTION 5

5.1 Briefly describe the condition of rosacea. (5)

5.2 Briefly describe the condition of psoriasis. (5)

5.3 Identify common causes of contact allergic dermatitis (specify area and causes). (5)

5.4 Describe the condition of urticaria. (5)

5.5 Discuss phyto-photo dermatitis as one of the pigmentary diseases. (5)

5.6 Describe UVA as one of the UV rays emitted by the sun (4)

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QUESTION 6

6.1 Describe HIV and explain how it affects the body cells. (5)

6.2 Identify the modes of HIV transmission. (5)

6.3 Clarify how HIV is tested. (2)

6.5 Give symptoms at Stage 1 of HIV infection. (4)

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